

Lifestyle, Health a	nd Risk Part -	2 N	Name:
		C	Class:
			Date:
Time: Total Marks Available: Total Marks Archived:			
Level: Edexcel A level Biolo	ogy		
Subject: Biology			
Exam Board: Pearson Ede	xcel Level 3 GCE AS	and A level Bi	iology A (Salters-Nuffield) and also
Pearsons Edexcel AS and	A Level Biology B (9	BI0) - Is howev	ver suitable for use by AS and A
level Biology Students of of	ther Boards		
Topic: Lifestyle, Health and Type: Mark Scheme	Risk Part -2	SPF	RACTICE

To be used by all students preparing for Edexcel AS and A level Biology A and Biology B - Students of other

Boards may also find this useful



Mark Scheme

Q1.

Question Number	Answer	Mark
(i)	B - X	
	The only correct answer is B	
	A is incorrect because W is a relay neurone	
	c is incorrect because Y is a motor neurone	
	D is incorrect because Z is a multipolar neurone	(1)

Question Number	Answer	Mark
(ii)	D - sugar molecules which are joined by glycosidic links	
	The only correct answer is D	
	A is incorrect because glycolipids are not made of amino acids	
	B is incorrect because glycolipids are not made of amino acids	
	C is incorrect because sugar molecules are not joined by ester bonds	(1)

Question Number	Answer	Additional Guidance	Mark
(iii)	An answer that makes reference to three of the following: • { form synapses / connections } with other neurones (1) • { integrate / receive } impulses from other neurones (1)		
	involved in summation		
	 { propagate a signal / initiate an action potential } to the {cell body / axon} 		(3)



Q2.

Question Number	Answer	Mark
(i)	C – location of a gene on a chromosome	
	The only correct answer is C	
	A is incorrect because locus is not the genetic code for a protein	
	B is incorrect because a centromere holds together sister chromatids and not a locus	
	D is incorrect because a locus is not the paternal part of a genome	(1)

Question Number	Answer	Additional Guidance	Mark
(ii)	An answer that makes reference to three of the following: Similarities • both have a carboxylic acid group	ALLOW annotated diagrams used show similarities and differences ALLOW COOH	
	 both have { hydrocarbon chains / chains formed from only hydrogen and carbon } 	ALLOW description of hydrocarbon chains	
	Differences saturated fatty acids have { no carbon to carbon double bonds / only have carbon to carbon single bonds }	ALLOW converse for unsaturated fatty acids	(3)
	 saturated fatty acids are straight chains and unsaturated fatty acids have { bent chains / a kink in the chain } 		(3)



Q3.

Question Number	Answer	Additional Guidance	Mark
(i)	An answer that makes reference to one of the following: • { identify / remove } any	ALLOW to gain more repeatable data ALLOW outliers for anomalies	
	anomalies (1)	ALLOW outliers for anomalies	
	to calculate a mean / can make valid comparisons (1)	ALLOW produce / form for calculate	(1)

Question Number	Answer	Additional Guidance	Mark
(ii)	An explanation that makes reference to the following:		
	(because time is required) for the alcohol to be absorbed (1)		
	(because time is required) for acclimatisation (1)	ALLOW getting used to the new conditions / overcoming stress of being moved	(2)



Q4.

Question Number	Answer	Additional Guidance	Mark
	An answer that makes reference to the following:		
	 alcohol concentrations between 0.00 and 0.17 mol dm⁻³ (1) 		
	controlling one biotic variable (1)	e.g. age, size, sex, species of <i>Daphnia</i> ,	
	 controlling one abiotic variable (1) 	e.g. temperature, volume of alcohol	
	determine the concentration at which the <i>Daphnia</i> show a decrease in heart rate (1)	ALLOW the concentration at which the mean heart rate drops below 221 beats per minute	
	use of microscope to count heart beats of <i>Daphnia</i> (1)		(5)

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Q5.

Question Number	Answer	Additional guidance	Mark
	An answer that makes reference to the following:		
	cauliflower extract from same mass (of cooked and uncooked cauliflower) (1)	ALLOW cauliflower extracts of the same concentration produced	
	description of titration of cauliflower extract with DCPIP (1)	e.g. volume of cauliflower extract taken to decolourise the DCPIP ALLOW volume of DCPIP added to cauliflower extract until the DCPIP is no longer decolourised	
	using same {volume / concentration} of DCPIP (1)		
	determine the vitamin C content in cooked and uncooked cauliflower by comparing with solution of known vitamin C concentration (1)	e.g. by using a vitamin C calibration curve	(4)

Q6.

An explanation that makes reference to two of the following: • water is a component of blood (1) • ions are charged (1) • dipole nature of water allows it to {surround / bond to / interact with} form hydrogen bonds	Question number	Answer	Additional guidance	Mark
ions are charged (1) dipole nature of water allows it to {surround / bond to / interact with} IGNORE water and ions form hydrogen bonds				
dipole nature of water allows it to {surround / bond to / interact with} IGNORE water and ions form hydrogen bonds		water is a component of blood (1)		
{surround / bond to / interact with} form hydrogen bonds		ions are charged (1)		
10110 (1)		-		(2)



Q7.

Question Number	Answer	Mark
(i)	D validity	
	The answer is not A as controlling the variety of mice does not improve data accuracy	
	The answer is not B as controlling the variety of mice does not improve data precision	
	The answer is not C as controlling the variety of mice does not improve data reliability	(1) Comp





Question Number	Answer	Additional Guidance	Mark
(ii)	An answer that makes reference to the following: • there is no difference in { the number of offspring born / fertility } { if genetically modified or not / if supplied drug K or not / between the treatments }	IGNORE 'significant' ALLOW between the groups	(1) Exp

Question Number	Answer	Additional Guidance	Mark
(iii)	An answer that makes reference to the following:		
	 { the GM mice / group P } had very few offspring (1) 	ALLOW GM mice had fewest offspring	
	therefore raised HDL levels lead to reduced fertility (1)	ALLOW converse	
	 {non-GM mice / group R } had fewer offspring than {group Q / GM mice given drug K } (1) 	ALLOW converse	
	 suggesting that HDL levels below a certain concentration reduce fertility (1) 	ALLOW – some HDL required for fertility	(4) Exp



Q8.

Question number	Answer	Additional guidance	Mark
	An explanation that makes reference to three of the following points:	IGNORE reference to events during atrial systole	
	pressure increases in the ventricles (1)	,,,,,,,,	
	 greater pressure (in the ventricles) than in the { atria / arteries } (1) 		
	causing atrioventricular valves to close (1)		
	causing the semilunar valves to open / forcing blood into the arteries (1)		(3)





Q9.

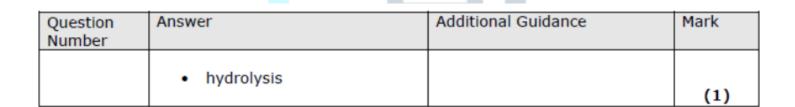
Question Number	Acceptable Answer	Additional Guidance	Mark
(i)	An answer that makes reference to the following:		
	 as heart rate increases, so does incidence of {both conditions / CHD and cancer } (1) 	ALLOW converse	
	 relationship between heart rate and CHD quantified (1) 	e.g. 1.95x increase up to 99 bpm / 1.88x increase at >99	
	 relationship between heart rate and cancer quantified (1) 	e.g. 4.0x increase up to 99 bpm / 3.8x increase at >99	
	 greater increase in incidence of cancer with increased heart rate (1) 	ALLOW converse	
	 at a heart rate >99bpm there is a reduction in incidence of both conditions / plateaus / little difference (1) 		(5)

Question Number	Answer	Additional Guidance	Mark
(ii)	An answer that makes reference to the following:		
	 mid heart beat rate is more common in the (general) population / heart rate is normally distributed in the population (1) 	ALLOW high and low heart rates are less common	
	fewer people available at low and high heart rate because of other health risks (1)		(2)



Question Number	Answer	Additional Guidance	Mark
(iii)	An answer that makes reference to two of the following:		
	 still (statistically) a large sample size (1) 		
	 wide range of heart rates considered (1) 		
	 percentage incidence used (rather than number) (1) 		(2)

Q10.



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Q11.

Question number	Answer	Additional guidance	Mark
	An explanation that makes reference to the following: • beta-blockers reduce blood pressure (1)	ALLOW prescribed to people with {highblood pressure / irregular heart beat / anxiety}	
	therefore reducing the risk of {atherosclerosis / heart disease /CVD} (1)	ALLOW because high blood pressure can {cause atherosclerosis / damage the endothelium}	(2)

Q12.

Question Number	Answer	Mark
	The only correct answer is A - the ventricles contract, atrioventricular valves close and semilunarvalves open	
	B is incorrect because the AV valves do not open	
	C is incorrect because the ventricles do not relax D is incorrect because the semilunar valves do not close	
		(1)



Q13.

Question Number	Acceptable Answer	Additional Guidance	Mark
(a)	17.0 ÷140 (1)		
	=121.43 cm³ (1)		(2)

Question	Acceptable Answer	Additional	Mark
Number		Guidance	
(b)(i)	An explanation that shows elements of reasoning /justification in the form of a linked response from the following points: the higher pressure is in the left ventricle / lower pressure is in the right ventricle (1) because the left ventricle has more muscle (1)	Allow appropriate structural consequential comments for right ventricle.	
	because it needs a higher pressure to get blood through the aorta to the body (except lungs) (1)		(3)

~	Acceptable Answer	Additional	Mark
Number		Guidance	
(b)(ii)	D		(1)

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Q14.

Question Number	Answer	Additional Guidance	Mark
(i)		Example of calculation	
	 calculation of { largest difference in concentration / largest value at 0 minutes and smallest value at 30 minutes } (1) 	(35.0 + 9.3) / 44.3 and (24.1 – 5.6) / 18.5	
	calculation of rate of decrease in nicotine concentration per minute (1)	25.8 ÷ 30 = 0.86 Correct answer without working gains full marks	(2)

Question Number	Answer	Additional Guidance	Mark
(ii)	An answer that makes reference to two of the following:		
	 percentage change greater for {the lower concentration of / 0.1 mg } nicotine (1) 		
	 a higher concentration causes a positive (percentage) change whilst the lower concentration leads to a negative (percentage) 		
	change (1) • correct calculation of percentage	2.08% for { 1.0 mg nicotine / group A } and 6.25% for { 0.1mg nicotine /	(2)
	 correct calculation of percentage change for both rat groups (1) 	group B }	



Question Number	Indicative content
*(iii)	Answers will be credited according to candidates' deployment of knowledge and understanding of material in relation to the qualities and skills outlined in the generic mark scheme.
	The indicative content below is not prescriptive and candidates are not required to include all the material which is relevant. Additional content included in the response must be scientific and relevant.
	Give examples of relevant biological knowledge and understanding:
	Validating the statement Investigation involved rats inhaling nicotine which humans do during smoking Rats are mammals so can extrapolate to humans
	Not validating the statement Nicotine inhaled (for both nicotine concentrations) leads to vasoconstriction and then vasodilation and then returns to original diameter Blood pressure for 1mg nicotine concentration increases and decreases but drops below original value Presence of nicotine leads to noradrenaline release which increases heart rate Blood pressure (for both nicotine concentrations) increases and decreases No reference to rats inhaling smoke, only nicotine Rats are not the same as humans Sample size too small to make a valid statement
	whether agree or disagree with statement



			Additional guidance
Level 0	Marks	No awardable content	
Level 1	1-2	Limited scientific judgement made with a focus on mainly just one method, with a few strengths/weaknesses identified. A conclusion may be attempted, demonstrating isolated elements of biological knowledge and understanding but with limited evidence to support the judgement being made.	An answer that refers to just one piece of evidence – either lumen size or blood pressure Simple conclusion drawn from the evidence
Level 2	3-4	A scientific judgement is made through the application of relevant evidence, with strengths and weaknesses of each method identified. A conclusion is made, demonstrating linkages to elements of biological knowledge and understanding, with occasional evidence to	An answer that refers to evidence concerning both lumen size and blood pressure Links made between lumen size, vasoconstriction and blood pressure
Level 3	5-6	A scientific judgement being made. A scientific judgement is made which is supported throughout by sustained application of relevant evidence from the analysis and interpretation of the scientific information. A conclusion is made, demonstrating sustained linkages to biological knowledge and understanding with evidence to support the judgement being made.	An answer that refers to data about vasoconstriction and vasodilation and links it to effect of nicotine on the release of noradrenaline and therefore on blood pressure Conclusion made considering validity of data collected from rats and how it can be applied to humans



Q15.

Question number	Answer	Additional guidance	Mark
	An answer that makes reference to the following:		
	(strong) positive correlation	ALLOW velocity of blood flow is (directly) proportional to the lumen diameter ALLOW description of relationship e.g. as lumen diameter increases velocity of blood flow increases	
			(1)

Q16.

Question number	Answer	Additional guidance	Mark
(i)	A description that makes reference to the following:		
	the allele (G20210A) increases the risk of suffering a deep vein thrombosis / two copies of the allele (G20210A) increases risk (1)	ALLOW abbreviations for G20210A ALLOW DVT	
	there is a { 2.5 fold increase in risk with one allele / 20 fold increase in risk with two alleles / 8-fold increase in risk with two alleles compared to one allele} (1)	IGNORE 1.5 x, 17.5 x and 19 x as these come from incorrect subtractions of risk factors	



Question number	Answer	Additional guidance	Mark
(ii)	Choose an item.	Example of calculation	
	correct proportion of homozygous individuals calculated (1)	P^2 or $q^2 = 0.005$	
	correct probabilities (p and q) determined for Hardy- Weinberg equation (1)	p =0.0707 q = 0.9293 or 2pq = 0.1314	
	correct number of heterozygotes determined (1)	= 10 000 x 0.1314 = 1314	
	,,,	ALLOW p = 0.071 and q = 0.929	
		or 2pq = 0.1319	
		= 10 000 x 0.1319 = 1319	
		ALLOW three marks for 1302	
		ALLOW two marks for 1300	
		Correct answer with no working	
		gains full marks	(3)

Q17. EXAM PAPERS PRACTICE

Question Number	Answer	Additional guidance	Mark
	An explanation that makes reference to the		
	following:		
	hydrolysis / description of hydrolysis (1)		
	 of glycosidic bonds (1) 		(2)



Q18.

Question	Answer	Additional	Mark
Number		guidance	
	A description that makes reference to two of the following:		
	polysaccharide made up of many monosaccharide components (1)	ALLOW chain of glucose molecules	
	 joined together by {condensation reactions / glycosidic bonds} (1) 		(2)
	 (only)1-4 glycosidic bonds present / no 1-6 glycosidic bonds present(1) 		





Q19.

Number		Additional Guidance	Mark
(i)	A description that makes reference to two of the following: • the valves are open { when atria contract / atrial systole / when blood pressure greater in atria (than ventricles) } (1) • the valves close { when	ALLOW valves open to allow blood to flow from atria to ventricles	
	ventricles contract / during ventricular systole/when pressure greater in ventricles (than atria) } (1) • valves prevent backflow of blood into the atria during ventricular systole (1)	ALLOW tendons prevent valves from inverting during ventricular systole	(2) Exp

Question Number	Answer	Additional Guidance	Mark
(ii)	An explanation that makes reference to the following:	IGNORE valves	
	 { larger lumen / less muscle (in walls) / thinner walls } (1) 		
	 explanation { larger lumen as blood pressure lower / less muscle because contraction not needed to push blood back to 	ALLOW thinner walls linked to lower blood pressure	
	the heart } (1)		(2) Exp



Q20.

Question number	Answer	Additional guidance	Mark
(i)	An explanation that makes reference to the following:		
	atheroma {reduces the diameter of / narrows} the lumen of arteries (1)	ALLOW {atherosclerosis / plaques} reduce the diameter of the lumen of arteries	
	therefore reducing (the velocity of) blood flow (1)	ALLOW {atheroma / atherosclerosis / plaques} partially block the arteries	(2)
		partially block the arteries	

Question number	Answer	Additional guidance	Mark
(ii)	An explanation that makes reference to two of the following: • reduce supply of oxygen to the heart muscle (1) • resulting in reduced aerobic respiration (1)	ALLOW less oxygen for respiration ALLOW more anaerobic respiration ALLOW causing heart	
	resulting in {weaker heart muscle contraction / death of heart tissue} (1)	muscle to contract more frequently ALLOW heart muscle contracts more slowly	(2)



Q21.

Question Number	Answer	Mark
(i)	The only correct answer is B 1	
	The only conclusion that can be valid for these results is that 'each vegetable contains less vitamin C when it is cooked than uncooked'	
	A is incorrect because there is one valid conclusion	
	B is incorrect because there is only one valid conclusion	
	C is incorrect because there is only one valid conclusion	(1)

Question Number	Answer	Additional guidance	Mark
(ii)		Example of calculation	
	recommended daily value divided by concentration in cooked cauliflower (1)	(90 ÷ 20) = 4.5	
	correct mass of cauliflower calculated (1)	450 g	
		ALLOW 450 000 mg	
		Correct answer with no working gains full marks	(2)



Q22.

Question Number	Answer	Additional Guidance	Mark
	An answer that makes reference to the following: TENS provides pain relief (1) high frequency {most effective / more	ALLOW TENS is effective	
	effective than low frequency} (1) quantified difference between before TENS and after TENS to show that A was the largest (1)	{4.8 / 65.8%} pain relief reduction for group A but only {2.8 /38.4% for group B} / {2.3 / 37.7% for group C}	
	 there was overlap between the {low frequency TENS / B} and {TENS with no pulses / placebo / control / C} (1) 		(4)

Q23. EXAM PAPERS PRACTICE

Question Number	Answer	Additional Guidance	Mark
	An answer that makes reference to the following:		
	BMI calculation for 2017 (1)	26.51 / 26.5 ALLOW if written in the table	
	interpretation of data for BMI (1)	(just) in overweight category	(2)



Q24.

Question Number	Answer	Additional Guidance	Mark
	A description that makes reference to the following:		
	 women requiring {pain relief / surgical intervention} (when they gave birth) (1) 		
	condition of mothers (1)	e.g. same age / same number of babies / no pre-existing pain medication / same gestation period	(2)



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Q25.

Question Number	Answer	Mark
(i)	D – is correlated with a reduction in CVD	
	The only correct answer is D	
	A is not correct because the incidence of CVD decreases with increasing magnesium ion intake and it is not possible to infer causation from the data	
	B is not correct because it is not possible to infer causation from the data in graph	(1)
	$oldsymbol{c}$ is not correct because the incidence of CVD decreases with increasing magnesium ion intake	

Question Number	Answer	Mark
(ii)	B – 78 mg day ⁻¹ The only correct answer is B	
	A is not correct because 43 is the increase required to achieve a 0.05 reduction in relative risk	
	$m{C}$ is not correct because 118 is the Mg ²⁺ intake that is associated with a 0.25 reduction in relative risk	
	D is not correct because 347 is the correct column chosen with no subtraction	(1)