

ifestyle, Health and Risk Part -1	Name:
	Class:

Date: _

Time:

Total Marks Available:

Total Marks Archived:

Level: Edexcel A level Biology

Subject: Biology

Exam Board: Pearson Edexcel Level 3 GCE AS and A level Biology A (Salters-Nuffield) and also Pearsons Edexcel AS and A Level Biology B (9BI0) - Is however suitable for use by AS and A level Biology Students of other Boards

Topic: Lifestyle, Health and Risk Part -1

Type: Mark Scheme

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To be used by all students preparing for Edexcel AS and A level Biology A and Biology B - Students of other Boards may also find this useful



Mark Scheme

Q1.

Question Number	Answer	Additional guidance	Mark
	An answer that makes reference to the following:		
	percentage incidence (of VTE) higher in {older people /people older than 70 } (1)	ALLOW converse – incidence of VTE lower in {younger people/ people under 20}	
	in younger people larger percentage (of VTE patients) have the factor V mutation (1)	ALLOW converse - lower percentage of older people have the factor V mutation	
	(therefore) genotype has a greater influence on		
	incidence (of VTE) in younger people (1)	ALLOW converse – genotype has less influence on incidence of VTE in older people	
	(therefore) greater incidence (of VTE) in older people probably a result of environmental factors (1)		
			(4)



Q2.

Question Number	Answer	Additional Guidance	Mark
(i)	A description that makes reference to two of the following:		
	carrier protein (in cell surface membrane)	IGNORE channel protein	
	(glucose moves from) high to low concentration	ALLOW 'down a concentration gradient'	
	glucose binds to (carrier) protein / (carrier) protein changes shape to move glucose (across the membrane) (1)		(2)

Question Number	Answer	Additional Guidance	Mark
(ii)	An explanation that makes reference to three of the following:		
	 polymer of glucose to provide glucose for respiration 	ALLOW polysaccharide /made of many glucose monomers DO NOT ALLOW β- glucose	
	{branched / contains 1,6-glycosidic bonds / has many terminal ends} for rapid hydrolysis	IGNORE 'easy to hydrolyse' ALLOW break down instead of hydrolyse	
	 compact to allow large amount (of glucose / energy) to be stored in a small space / insoluble therefore no osmotic effect on cells 		(3)



Q3.

Question Number	Answer	Additional Guidance	Mark
(i)	A description that makes reference to the following:		
	(LDL / lipoproteins carry) cholesterol in the blood	ALLOW LDLs increase blood cholesterol	
	(cholesterol) is deposited to form atheroma (1)	ALLOW plaque formation	(3)
	in the endothelium of an artery	ALLOW artery wall	

Question Number	Answer	Additional Guidance	Mark
(ii)	An explanation that makes reference to the following:		
	narrowing of (lumen of) coronary arteries	ALLOW coronary arteries blocked	
	which reduces {blood flow / oxygen} to the cardiac muscle	ALLOW heart muscle	
	which reduces aerobic respiration	ALLOW more anaerobic respiration / build- up of lactic acid	(3)



Q4.

Question Number	Answer	Additional guidance	Mark
(i)	A description that makes reference to the following:		
	thrombin is an enzyme (1)		
	(which catalyses) the conversion of fibrinogen into fibrin (1)		
	 a mesh of fibrin traps { platelets / red blood cells } to form a clot 	IGNORE 'platelet plug'	
	(1)		(3)

Question Number	Answer	Additional guidance	Mark
(ii)	An explanation that makes reference to the following:	ALLOW the mutation results in a change to the {primary structure/ polypeptide chain}	
	 (overactive factor V will) increase the production of thrombin (1) increases blood clotting (1) 	ALLOW increased risk of blood clotting	(3)



Q5.

Question Number	Answer	Additional Guidance	Mark
	An answer that makes reference to three of the following:		
	the water has an uneven distribution of charge (making it a dipole) (1)	ALLOW description of dipole	
	so water forms hydrogen bonds with other water molecules (1)		
	 (and) it requires a lot of { heat / thermal } energy to break these bonds (1) 		
	 and allow water to evaporate (taking the heat energy with it) / high latent heat of evaporation (1) 	ALLOW – a lot of heat energy is required to evaporate water	(3)

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Q6.

Question number	Answer	Additional guidance	Mark
(i)	A description that makes reference to the following:		
	condensation (1)		
	 involving OH groups (on both molecules) / water is formed (1) 		(2)

Question number	Answer	Additional guidance	Mark
(ii)	An answer that makes reference to the following:		
	 both are formed from two molecules of (a)glucose / both contain a glycosidic bond (1) 	ALLOW both are disaccharides of glucose DO NOT ALLOW β - glucose	
	 maltose has (a-)1,4 linkage and trehalose has (a-)1,1 linkage / in trehalose one of the glucose monomers is inverted (1) 		
			(2)



Q7.

Question Number	Answer	Additional Guidance	Mark
(i)	correct values taken from the graph (1) correct answer with correct units (1)	Example of calculation 0.12 ÷ 2 = = 0.06 μmol dm ⁻³ min ⁻¹ = 0.06 μmol per dm ³ per minute or = 0.001 μmol dm ⁻³ s ⁻¹ = 0.001 μmol per dm ³ per second Correct answer with no units gains one mark Correct answer with correct units but no working gains full marks	2
		Tull Hidi K5	Z

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Question	Answer	Additional Guidance	Mark
Number			
(ii)	curve that is less steep but reaches the same plateau (1)	e.g. 0.4 Page 10.3 0.0 0.0 0.0 15 20 25 30 35 Time / mins	1

Question Number	Answer	Additional Guidance	Mark
(iii)	An explanation that makes reference to the following: • the slower the initial rate of reaction the longer it will take for a clot to form (1)	Allow converse arguments	
	 because fibrin will be produced more slowly (1) 		2



Q8.

Question Number	Acceptable Answer	Additional guidance	Mark
(a)	Measurement in 5.5 cm / 55 mm correct (1)	need to	
		measure on	(2)
	$55 \div 60 = 0.92 \text{ mm (1)}$	paper	(2)

Question Number	Acceptable Answer	Additional guidance	Mark
(b)(i)	An explanation that makes reference to the following:		
	 very high heart rate makes it difficult to count (1) so greater chance of error (1) 		(2)

Question Number	Acceptable Answer	Additional guidance	Mark
1	Calculation of mean = 55 (1) Answer = $55 \div 20.2 = 2.72$ (1)		(2)
	Aliswei – 33 +20.2 – 2.72 (1)		(2)

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Question Number	Acceptable Answer	Additional guidance	Mark
(b)(iii)	An explanation that makes reference to three of the following:		
	control of variables (1)		
	returning fleas to ambient temperature for specified time (1)		
	acclimatisation (1)		
	use smaller intervals (1)		(3)

Question Number	Acceptable Answer	Additional guidance	Mark
(c)	An answer that makes reference to the following: undeveloped nervous system so don't feel pain and there aren't ethical issues (1)		
	unethical to use any living organism in an experimental procedure (1)		
	relativism would state that it is acceptable under certain circumstances to use invertebrates (i.e. if there is potential benefit to human health) (1)		
	absolutism promotes use of invertebrates under any circumstance or under no circumstance (1)		(4)



Q9.

Question Number	Answer	Additional Guidance	Mark
	An answer that makes reference to the following:		
	 simpler nervous system / does not feel pain (1) 	ALLOW – feels less pain	(1)

Q10.

Question Number	Acceptable Answer	Additional Guidance	Mark
(a)	pyruvate and { reduced coenzyme / reduced NAD }		(1)

Question Number	Acceptable Answer	Additional Guidance	Mark
(b)(i)	A description that makes reference to the following: • Final electron acceptor		(1)



Question Number	Acceptable Answer	r	Additional Guidance	Mark
(b)(ii)	An explanation that makes reference to the following:			
	 carbon monoxide binds to cytochrome oxidase 	(1)		
	 prevents oxygen binding to the 			
	enzyme • blocks the electron transport chain / prevents oxidation of reduced electron	(1)		
	carriers	(1)		(3)



Question Number	Acceptable Answer		Additional Guidance	Mark
(c)	An explanation that makes reference to the following:			
	NO binds to cytochrome oxidase in endothelium (of blood vessels)	(1)		
	diverts oxygen to smooth muscle cells	(1)		
	contraction of muscle cells causes vasoconstricti on in arterioles	(1)		(3)
	arterioles	(1)		(3)



Question Number	Acceptable Answer		Additional Guidance	Mark
(d)	An answer that makes reference to three of the following:			
	 free radicals interact with transcription factors 	(1)		
	 activation of gene for P53 production of mRNA from 	(1)		
	activated gene	(1)		

Question Number	Acceptable Answer		Additional Guidance	Mark
	 translation of mRNA resulting in synthesis of P53 on ribosomes 	(1)		(3)



Question Number	Acceptable Answer	Additional Guidance	Mark
(e)	A description that makes reference to three of the following:		
	 inner membrane { is folded / has a larger surface area / has 		
	cristae } (1)		
	outer membrane is impermeable (1) to H ⁺ ions		
	 only inner membrane contains { ETC (proteins) / ATP synthase / stalked 		
	particles} (1) • only inner		
	membrane (1) contains H ⁺ pump		(2)
			(3)



Question Number	Acceptable Answer		Additional Guidance	Mark
(f)	An answer that makes reference to the following:			
	 myocardial infarction causes cell death in the heart 	(1)		
	 due to lack of oxygenated blood reaching cardiac muscle cells 	(1)		
	NIR affects cytochrome oxidase involved in aerobic respiration	(1)		
	diversion of oxygen to cardiac muscle cells would reduce death of these cells	(1)		(4)



Question Number	Acceptable Answer		Additional Guidance	Mark
(g)(i)	A description that makes reference to the following:			
	 restriction endonuclease enzyme 	(1)		
	extraction of gene that codes for light-	(4)		
	sensitive protein	(1)		
	 use of a suitable vector 	(1)		
	 insertion of gene into the { genome / DNA } in the nucleus of the neurone 	(1)		(4)

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Question Number	Acceptable Answer		Additional Guidance	Mark
(g)(ii)	An explanation that makes reference to the following:			
	 { depolarisation / action potential } occurs 	(1)		
	(nerve) impulse reaches { synapse / presynaptic membrane }	(1)		
	 calcium ion channels open causing calcium ions to enter presynaptic neurone vesicles containing 	(1)		
	neurotransmitter fuses with presynaptic membrane • neurotransmitter	(1)		
	released	(1)		(5)



Question Number	Acceptable Answer	Additional Guidance	Mark
(h)	An explanation that makes reference to three of the following: • fMRI detects		
	changes in blood flow in the brain (1)		
	MRI signal reflects state of haemoglobin / magnetic fields repelled by oxygen rich blood / deoxygenated haemoglobin more magnetic than oxygenated		
	haemoglobin (1)		
	allows areas of greater brain activity to be detected as an image created by magnetic recenance (1)		
	resonance (1) • areas of the brain that are involved in an auditory memory task { were using more oxygen / had an increased flow of (1)		
	blood }		(3)



Q11.

Question Number	Answer	Additional Guidance	Mark
(i)	the use of nandrolone reduces the (mean maximum percentage) recoil of the { aorta / artery } (1) and two		
	 increased risk of damage to the endothelium of arteries (1) inflammatory response / white blood cells accumulate (1) build-up of { cholesterol / calcium salts / fibrous tissue } leads to 		
	formation of { atheroma / plaque } (1)		(3)

Question Number	Answer	Additional Guidance	Mark
(ii)	An answer that makes reference to three of the following:		
	nandrolone reduces the production of (both) proteins when exercise is allowed (1)	ALLOW nandrolone has no effect on the production of the proteins in absence of exercise	
	 these proteins are involved in { ATP production / oxidative phosphorylation } (1) 		
	nandrolone has no effect on ATP production if there is no exercise (1)		
	nandrolone reduces ATP production if exercise takes place (1)		(3)



Question Number	Answer	Additional Guidance	Mark
(iii)	An explanation that makes reference to the following:		
	without exercise the values for mRNA for Tfam overlap for groups with and without nandrolone (1)	ALLOW overlap between groups P and Q	
	as when exercise is carried out and nandrolone taken, the values for mRNA for Tfam overlap with no exercise and no nandrolone	ALLOW overlap between groups P and S	
	(1)		(2)

Q12.

Question Number	Answer	Additional Guidance	Mark
	An explanation that makes reference to the following:		
	{control / placebo}(1)		
	 to allow a comparison with {A and B / the other groups} (1) 		(2)



Q13.

Question Number	Answer	Additional Guidance	Mark
	An explanation that makes reference to two of the following:		
	lumen of capillaries blocked		
	 preventing supply of {oxygen / glucose} (to tissues or cells) 		
	 therefore respiration stops (and tissues die) / anaerobic respiration causes build-up of lactic acid 	ALLOW build-up of carbon dioxide	(2)

Q14.





Q15.

Question Number	Answer	Additional Guidance	Mark
	An explanation that makes reference to the following:		
	 fibrin forms a mesh that collects {platelets / red blood cells} 	ALLOW fibrin is involved in forming blood clots	
	 (tranexamic acid) { prevents plasmin digesting fibrin / stops the breakdown of fibrin } 		(3)
	allowing clots to remain in place		(3)

Q16.

Question	Answer	Additional Guidance	Mark
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Number			
(i)	An explanation that makes reference to the following: • fibrinogen concentration is higher in		
	individuals with CVD (1) compare an individual's fibrinogen	ALLOW females above	
	concentration with values in the table (1)	321and males above 324 or females above 328 and males above 329 are identified as being at risk	
	no overlap between fibrinogen concentrations for those with CVD compared with those without CVD (1)	ALLOW values above mean without CVD + SD or mean with CVD -SD identified as at risk	
			3



Question Number	Acceptable answer	Additional Guidance	Mark
(ii)	An explanation that makes reference to the following:		
	increased concentrations of fibrinogen leading to increased fibrin (1)		
	increase the risk of blood clotting / more frequent and extensive clotting (1)		
	blocking lumen of {arteries / capillaries} (1)		3

Q17.

Question Number	Acceptable Answer		Additional Guidance	Mark
(i)	An answer that makes reference to the following:			
	• water	(1)		
	glycosidic bond drawn correctly	(1)		(2)

Question	Acceptable	Additional	Mark
Number	Answer	Guidance	
(ii)	maltose		(1)



Q18.

Question	Answer	Additional	Mark
Number		guidance	
	An answer the makes reference to four of the		
	following:		
		ALLOW both have a	
	 both have same volume (1) 		
		volume of 64 mm ³	
	animal A has a larger surface area (1)	ALLOW converse ALLOW figures given (e.g. 168 mm² v 96mm²) or difference given as 72 mm²	
	animal A has a larger surface area to volume ratio (1)	ALLOW {168:64 / 2.6:1} compared to {96:64 / 1.5:1}	
	 so sufficient (surface area in animal A) for diffusion (1) 	ALLOW converse	
	 distance to cells in centre of A is shorter than for B allowing {quicker/sufficient} diffusion / shorter diffusion distance (in A) (1) 	ALLOW converse	(4)



Q19.

Question Number	Acceptable Answer		Additional Guidance	Mark
(a)(i)	A description that makes reference to the following:			
	 gene is a length of DNA that codes for a { polypeptide / protein } 	(1)		
	 genome is a complete set of { DNA / introns and exons } 	(1)		(2)

Question	Acceptable	Additional	Mark
Number	Answer	Guidance	
(a)(ii)	ligase / integrase		(1)

Question	Acceptable	Additional	Mark
Number	Answer	Guidance	
(a)(iii)	plasmid / virus		(1)



Question Number	Acceptable Answer		Additional Guidance	Mark
(a)(iv)	A description that makes reference to the following:			
	transcription of DNA to mRNA	(1)		
	 { translation of mRNA / protein synthesis } on ribosomes 	(1)		
				(2)

Question	Acceptable Answer		Additional	Mark
Number			Guidance	
(b)	An explanation that makes reference to the following: • no prothrombin activated so thrombin			
	 not produced thrombin needed to convert fibrinogen to fibrin 	(1)		
	• fibrin needed to trap { platelets / blood cells } to form the (blood) clot	(1)		(3)



Q20.

Question Number	Answer	Additional Guidance	Mark
	two obesity-related conditions given (1)	e.g. diabetes / wear and tear on joints / sleep apnoea / increased risk of cancer / {increased blood pressure /hypertension} / {CVD / CHD} / atherosclerosis / stroke / {heart attack / myocardial infarction }	(1)
		ALLOW one obesity-related condition and a relevant idea of a negative effect on the NHS	





Q21.

Question Number	Acceptable Answer		Additional Guidance	Mark
(i)	An explanation that makes reference to the following: Iow blood glucose levels less glucose for respiration less { energy / ATP } in	(1) (1)		
	muscle tissue			(3)

Question Number	Acceptable Answer		Additional Guidance	Mark
(ii)	An answer that makes reference to the following: • range of enzyme concentration	(1)	e.g. temperature, pH, concentration of substrate	
	 control of other named variables measurement of rate of glucose 	(1)		
	production	(1)		(3)



Q22.

Question number	Answer	Mark
(i)	The only correct answer is D - hydrolysis	
	A is not correct because anabolism is associated with forming more complex molecules	
	B is not correct because catalysis is a general term for enzyme controlled reactions	
	C is not correct because glycolysis is a sequence of reactions in respiration	(1)

Question number	Answer	Additional guidance	Mark
(ii)	An explanation that makes reference to the following:		
	 glucose used in respiration to provide { energy / ATP } (1) 		
	glycogen is a polymer of glucose (1)	ALLOW glycogen contains lots of glucose	
	 glycogen has lots of { branches / terminal ends } so it can release glucose rapidly (1) 	ALLOW quickly hydrolysed	
	 breakdown of trehalose { makes two molecules of glucose available / provides a more immediate source of glucose } (1) 		
			(4)



Q23.

Question Number	Answer	Additional Guidance	Mark
(a)	 proteins consist of amino acids joined together by peptide bonds; credit reference to named bonds (between R groups) involved in holding {3D structure / eq}; carbohydrates consist of {monsaccharides / glucose / eq}; 		
	 reference to glycosidic {bonds / eq} between (adjacent) {glucose / eq} molecules; 		(3)

Question Number	Answer	Additional Guidance	Mark
(b)	 idea that the drugs could {bind to / alter shape of} {glycoproteins / gp120}; 		
	 idea that drugs bind to {receptors / antigens} on membrane / eq; 		
	 called CD4 (antigen / molecules); 		
	 preventing virus attaching to T (helper / CD4⁺) cells / eq; 		(3)



Question Number	Answer	Additional Guidance	Mark
*(c)	(QWC - spelling of technical terms must be correct and the answer must be organised in a logical sequence)	QWC focussing on clarity of expression	
	reference to reverse transcriptase;		
	2. idea of formation of (viral) DNA;	2. reject idea that RNA is {turned	
	3. from (viral) RNA ;	into / converted into} DNA	
	4. reference to integrase ;		
	idea of integration of (viral) DNA into (host) DNA;	5. ACCEPT idea of {latency / formation of	
	 idea that {T helper cells / eq} would be {destroyed / killed / burst / eq} (by virus particles leaving cell); 	provirus / eq}	
	idea that more T (helper) cells would become infected;		(5)

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Q24

Question number	Answer	Additional guidance	Mark
	A description that makes reference to the following:		Expert (3)
	 starch can be {broken down / hydrolysed} into glucose (1) 		(5)
	by hydrolysis of the glycosidic bonds (1)		
	glycogen is formed by condensation reaction forming glycosidic bonds (between glucose molecules) (1)		



Q25.

Question Number	Answer	Additional Guidance	Mark
(i)	B (hydrolysis)		(1)

Question Number	Answer	Additional Guidance	Mark
(ii)	B (C - O - C)		(1)



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